



Buck (means a stomp instead of a shuffle)

Single Time Step

Breakdown: stomp HOP step FLAP step

Counts: 8 1&2&3&4 5&6&7& or 8 1 a2 a3 a4 5 a6 a7 a



Buck (means a stomp instead of a shuffle)

Triple Time Step

Breakdown: stomp HOP shuffle step FLAP step

Counts: 8 1&a2&3&4 5&a6&7& or 8 1&a2 a3 a4 5&a6 a7